

## Άσκηση Ακοής – Σολφέζ – Ρυθμική Αγωγή I

### Μάθημα 2ο – Εργασία εβδομάδας

1. Γράψτε σε πεντάγραμμο τη μελωδία του θέματος από την ταινία Forrest Gump (μεταξύ 10''-43'' στον παρακάτω σύνδεσμο [η μελωδία δίνεται και ως ηχητικό αρχείο\*]):

[https://www.youtube.com/watch?v=FcOt6mfjxeA&ab\\_channel=noerthboerg](https://www.youtube.com/watch?v=FcOt6mfjxeA&ab_channel=noerthboerg)

(Μέτρο και ρυθμός δεν ζητούνται προς το παρόν, όμως αν θέλετε μπορείτε να τα σημειώσετε. Η λύση δίνεται στο τέλος του παρόντος εγγράφου. Εάν η καταγραφή σας έχει πάνω από 3 λάθη, ακούστε ξανά το απόσπασμα βλέποντας και τραγουδώντας ταυτόχρονα, παρατηρώντας ιδιαίτερα τα σημεία όπου έγιναν τα λάθη. Έτσι γίνεται μελέτη πάνω στο dictée. Σε επόμενο χρόνο, γράψτε ξανά dictée την μελωδία).

2(α). Να μπορείτε να τραγουδήσετε και να αναγνωρίσετε τις μελωδίες των βαθμίδων μείζονας κλίμακας (μελωδικές σημειώσεις, σελ. 11, πρώτο πεντάγραμμο).

(β). Έχοντας δοσμένη μια οποιαδήποτε τονική, να μπορείτε άμεσα να ακούσετε εσωτερικά και να τραγουδήσετε οποιαδήποτε βαθμίδα τής κλίμακας σας ζητηθεί, με ανακατεμένη σειρά (χωρίς άλλη βοήθεια από μουσικό όργανο, πέρα από το άκουσμα της τονικής). Π.χ. : 1-6-4-5-7-3-8-2-1. (Το '8' αντιστοιχεί στην επάνω τονική).

3. Παίρνοντας μόνο την τονική νότα και συγχορδία από όργανο, τραγουδήστε τις τρεις μελωδίες (Beethoven, Bach, Mozart) στη σελίδα 22 των μελωδικών σημειώσεων. Σαν προετοιμασία: (i)πριν από κάθε μελωδία τραγουδήστε την αντίστοιχη κλίμακα: (ii)παρατηρήστε με ποιά βαθμίδα ξεκινά το κομμάτι, και τραγουδήστε την και (iii)παρατηρήστε και τη συνολική έκταση της μελωδίας (σύμφωνα με τους τύπους-εκτάσεις τής σελίδας 12).

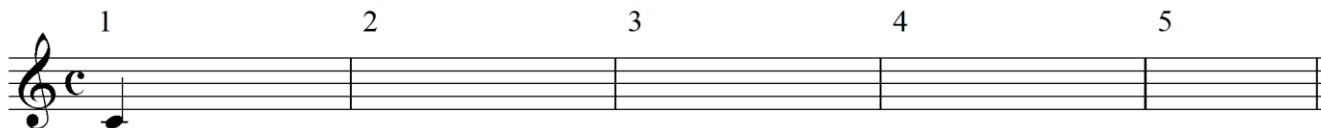
4. Συμπληρώστε τη σελ. 16 των μελωδικών σημειώσεων. Αν έχετε τη δυνατότητα, ακούστε (παίζοντας σε όργανο ή από υπολογιστή) το τονικό ύψος της κάθε δοσμένης νότας, και τραγουδήστε το διάστημα γράφοντας τη δεύτερη νότα. Ιδανικό είναι κάθε φορά που γράφουμε σε πεντάγραμμο, είτε μελωδία είτε αρμονία, να ακούμε αυτό που γράφουμε.

5. Να μπορείτε να τραγουδήσετε την παρακάτω μελωδία με ακρίβεια, ακούγοντας εσωτερικά κάθε επόμενη νότα, πριν την πείτε:

♩ = 80

6. Συμπληρώστε την παρακάτω μελωδία. Πριν ξεκινήσει, ακούγεται το ντο και τρεις παλμοί τετάρτου\*.

Η λύση δίνεται στο τέλος του παρόντος εγγράφου:



7. Να μπορείτε να διαβάσετε τις ρυθμικές ασκήσεις 4-10 της σελ. 29 στις Ρυθμικές σημειώσεις (=σελ. 11 στο pdf). Οι ασκήσεις υπάρχουν και ηχογραφημένες\*. Υπενθυμίζονται κάποιες ρυθμικές συλλαβές που εξυπηρετούν την ρυθμική απαγγελία, τις οποίες μπορείτε να χρησιμοποιείτε κατά βούληση:

3μερής υποδιαίρεση=takiti

4μερής υποδιαίρεση=takadimi

Συνδυασμός 2μερούς και 4μερούς υποδιαίρεσης (π.χ., με παλμό το τέταρτο: όγδοο και δύο δέκατα έκτα:)=tatiti

Συνδυασμός 4μερούς και 2μερούς υποδιαίρεσης (π.χ., με παλμό το τέταρτο: δύο δέκατα έκτα και όγδοο:)=titita

\*Για τα ηχητικά αρχεία του μαθήματος (μελωδικά dictée και ρυθμικές ασκήσεις), πάτε στον φάκελο «Ηχητικά αρχεία μαθημάτων» στο eclass.

# FORREST GUMP – MAIN TITLE

from the Paramount Motion Picture FORREST GUMP  
(Feather Theme)

Music by ALAN SILVESTRI

Sweetly

$\text{♩} = 100$

The first system of the score consists of two staves. The upper staff is a treble clef with a key signature of three sharps (F#, C#, G#) and a 4/4 time signature. It contains whole rests for the first four measures. The lower staff is a bass clef with the same key signature and time signature. It begins with a piano (*p*) dynamic and a 'With pedal' instruction. The melody consists of eighth notes: G2, A2, B2, C3, D3, E3, F#3, G3, A3, B3, C4, D4, E4, F#4, G4, A4, B4, C5, D5, E5, F#5, G5, A5, B5, C6, D6, E6, F#6, G6, A6, B6, C7, D7, E7, F#7, G7, A7, B7, C8, D8, E8, F#8, G8, A8, B8, C9, D9, E9, F#9, G9, A9, B9, C10, D10, E10, F#10, G10, A10, B10, C11, D11, E11, F#11, G11, A11, B11, C12, D12, E12, F#12, G12, A12, B12, C13, D13, E13, F#13, G13, A13, B13, C14, D14, E14, F#14, G14, A14, B14, C15, D15, E15, F#15, G15, A15, B15, C16, D16, E16, F#16, G16, A16, B16, C17, D17, E17, F#17, G17, A17, B17, C18, D18, E18, F#18, G18, A18, B18, C19, D19, E19, F#19, G19, A19, B19, C20, D20, E20, F#20, G20, A20, B20, C21, D21, E21, F#21, G21, A21, B21, C22, D22, E22, F#22, G22, A22, B22, C23, D23, E23, F#23, G23, A23, B23, C24, D24, E24, F#24, G24, A24, B24, C25, D25, E25, F#25, G25, A25, B25, C26, D26, E26, F#26, G26, A26, B26, C27, D27, E27, F#27, G27, A27, B27, C28, D28, E28, F#28, G28, A28, B28, C29, D29, E29, F#29, G29, A29, B29, C30, D30, E30, F#30, G30, A30, B30, C31, D31, E31, F#31, G31, A31, B31, C32, D32, E32, F#32, G32, A32, B32, C33, D33, E33, F#33, G33, A33, B33, C34, D34, E34, F#34, G34, A34, B34, C35, D35, E35, F#35, G35, A35, B35, C36, D36, E36, F#36, G36, A36, B36, C37, D37, E37, F#37, G37, A37, B37, C38, D38, E38, F#38, G38, A38, B38, C39, D39, E39, F#39, G39, A39, B39, C40, D40, E40, F#40, G40, A40, B40, C41, D41, E41, F#41, G41, A41, B41, C42, D42, E42, F#42, G42, A42, B42, C43, D43, E43, F#43, G43, A43, B43, C44, D44, E44, F#44, G44, A44, B44, C45, D45, E45, F#45, G45, A45, B45, C46, D46, E46, F#46, G46, A46, B46, C47, D47, E47, F#47, G47, A47, B47, C48, D48, E48, F#48, G48, A48, B48, C49, D49, E49, F#49, G49, A49, B49, C50, D50, E50, F#50, G50, A50, B50, C51, D51, E51, F#51, G51, A51, B51, C52, D52, E52, F#52, G52, A52, B52, C53, D53, E53, F#53, G53, A53, B53, C54, D54, E54, F#54, G54, A54, B54, C55, D55, E55, F#55, G55, A55, B55, C56, D56, E56, F#56, G56, A56, B56, C57, D57, E57, F#57, G57, A57, B57, C58, D58, E58, F#58, G58, A58, B58, C59, D59, E59, F#59, G59, A59, B59, C60, D60, E60, F#60, G60, A60, B60, C61, D61, E61, F#61, G61, A61, B61, C62, D62, E62, F#62, G62, A62, B62, C63, D63, E63, F#63, G63, A63, B63, C64, D64, E64, F#64, G64, A64, B64, C65, D65, E65, F#65, G65, A65, B65, C66, D66, E66, F#66, G66, A66, B66, C67, D67, E67, F#67, G67, A67, B67, C68, D68, E68, F#68, G68, A68, B68, C69, D69, E69, F#69, G69, A69, B69, C70, D70, E70, F#70, G70, A70, B70, C71, D71, E71, F#71, G71, A71, B71, C72, D72, E72, F#72, G72, A72, B72, C73, D73, E73, F#73, G73, A73, B73, C74, D74, E74, F#74, G74, A74, B74, C75, D75, E75, F#75, G75, A75, B75, C76, D76, E76, F#76, G76, A76, B76, C77, D77, E77, F#77, G77, A77, B77, C78, D78, E78, F#78, G78, A78, B78, C79, D79, E79, F#79, G79, A79, B79, C80, D80, E80, F#80, G80, A80, B80, C81, D81, E81, F#81, G81, A81, B81, C82, D82, E82, F#82, G82, A82, B82, C83, D83, E83, F#83, G83, A83, B83, C84, D84, E84, F#84, G84, A84, B84, C85, D85, E85, F#85, G85, A85, B85, C86, D86, E86, F#86, G86, A86, B86, C87, D87, E87, F#87, G87, A87, B87, C88, D88, E88, F#88, G88, A88, B88, C89, D89, E89, F#89, G89, A89, B89, C90, D90, E90, F#90, G90, A90, B90, C91, D91, E91, F#91, G91, A91, B91, C92, D92, E92, F#92, G92, A92, B92, C93, D93, E93, F#93, G93, A93, B93, C94, D94, E94, F#94, G94, A94, B94, C95, D95, E95, F#95, G95, A95, B95, C96, D96, E96, F#96, G96, A96, B96, C97, D97, E97, F#97, G97, A97, B97, C98, D98, E98, F#98, G98, A98, B98, C99, D99, E99, F#99, G99, A99, B99, C100, D100, E100, F#100, G100, A100, B100, C101, D101, E101, F#101, G101, A101, B101, C102, D102, E102, F#102, G102, A102, B102, C103, D103, E103, F#103, G103, A103, B103, C104, D104, E104, F#104, G104, A104, B104, C105, D105, E105, F#105, G105, A105, B105, C106, D106, E106, F#106, G106, A106, B106, C107, D107, E107, F#107, G107, A107, B107, C108, D108, E108, F#108, G108, A108, B108, C109, D109, E109, F#109, G109, A109, B109, C110, D110, E110, F#110, G110, A110, B110, C111, D111, E111, F#111, 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